

# *Have One Mind (in Christ) - Philippians 2:5*

## *A Monthly Magazine*

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### *Jesus in the Old Testament - Jerry O'Donnell*

When Adam and Eve sinned, direct communication with God the Father was cut off for "your iniquities have separated between you and your God, and your sins have hid [his] face from you, that he will not hear" (Isaiah 59:2). Immediately, the Son of God went to work "For [there is] one God, and one mediator between God and men, the man Christ Jesus" (1 Timothy 2:5). Therefore, the God of the Old Testament cannot be God the Father.

So, in this article, let us examine the many references that are made that even Jesus Himself declares that He indeed was the God of the Old Testament as much as He is the God of the New Testament.

The obvious one is what Jesus called Himself. "Your father Abraham rejoiced to see my day: and he saw [it], and was glad. Then said the Jews unto him, Thou art not yet fifty years old, and hast thou seen Abraham? Jesus said unto them, Verily, verily, I say unto you, Before Abraham was, I am" (John 8:56-58). The name "I am" is a reference found of God in the Old Testament: "And God said unto Moses, I AM THAT I AM: and

he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you" (Exodus 3:14). Now, this is towards Moses even though Jesus had mentioned the name Abraham. It is just not so obvious in the scriptures, for instance, the Bible says, "After these things the word of the LORD came unto Abram in a vision, saying, Fear not, Abram: I [am] thy shield, [and] thy exceeding great reward" (Genesis 15:1). There are a series of declarations regarding the words "I am" in relationship to Abraham, but at the same time, it simply can be seen as proper sentence structure. It appears to be no different than myself declaring that "I am writing this article." That declaration does not make me "I am" or equal with God, but when it comes to God running a series of "I am", it does make Him God. Nonetheless, that is why we included the actual Old Testament declaration even though it was towards Moses.

By the way, that means the God who spoke with Moses was actually Jesus and is the same God Who provided both sets of copies of the Ten Commandments, the first of which Moses smashed at

the foot of Siani. That means, when Jesus said, "If ye love me, keep my commandments" (John 14:15), He was quoting His own words right out of the Ten Commandments: "And shewing mercy unto thousands of them that love me, and keep my commandments" (Exodus 20:6).

The next interesting connection is found in Jacob's dream. "And Jacob went out from Beersheba, and went toward Haran. And he lighted upon a certain place, and tarried there all night, because the sun was set; and he took of the stones of that place, and put [them for] his pillows, and lay down in that place to sleep. And he dreamed, and beheld a ladder set up on the earth, and the top of it reached to heaven: and behold the angels of God ascending and descending on it. And, behold, the LORD stood above it, and said, I [am] the LORD God of Abraham thy father, and the God of Isaac: the land whereon thou liest, to thee will I give it, and to thy seed; And thy seed shall be as the dust of the earth, and thou shalt spread abroad to the west, and to the east, and to the north, and to the south: and in thee and in thy seed

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shall all the families of the earth be blessed. And, behold, I [am] with thee, and will keep thee in all [places] whither thou goest, and will bring thee again into this land; for I will not leave thee, until I have done [that] which I have spoken to thee of” (Genesis 28:10-15). Later in time, Jesus would say to Nathan, “Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man” (John 1:51).

Moving forward, we again meet up with Moses. “And the people spake against God, and against Moses, Wherefore have ye brought us up out of Egypt to die in the wilderness? for [there is] no bread, neither [is there any] water; and our soul loatheth this light bread. And the LORD sent fiery serpents among the people, and they bit the people; and much people of Israel died. Therefore the people came to Moses, and said, We have sinned, for we have spoken against the LORD, and against thee; pray unto the LORD, that he take away the serpents from us. And Moses prayed for the people. And the LORD said unto Moses, Make thee a fiery serpent, and set it upon a pole: and it shall come to pass, that every one that is bitten, when he looketh upon it, shall live. And Moses made a serpent of brass, and put it upon a pole, and it came to pass, that if a serpent had bitten any man, when he beheld the serpent of brass, he lived” (Numbers 21:5-9). Then many years later, as Jesus was speaking to Nicodemus, Jesus said, “And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up: That whosoever believeth in him

should not perish, but have eternal life” (John 3:14-15).

And again, with Moses, the Bible states, “Behold, I will stand before thee there upon the rock in Horeb; and thou shalt smite the rock, and there shall come water out of it, that the people may drink. And Moses did so in the sight of the elders of Israel” (Exodus 17:6). Of course, Moses did not follow the instructions completely by allowing his anger to get the best of him, nonetheless, the Bible says, “And the LORD spake unto Moses, saying, Take the rod, and gather thou the assembly together, thou, and Aaron thy brother, and speak ye unto the rock before their eyes; and it shall give forth his water, and thou shalt bring forth to them water out of the rock: so thou shalt give the congregation and their beasts drink. And Moses took the rod from before the LORD, as he commanded him. And Moses and Aaron gathered the congregation together before the rock, and he said unto them, Hear now, ye rebels; must we fetch you water out of this rock? And Moses lifted up his hand, and with his rod he smote the rock twice: and the water came out abundantly, and the congregation drank, and their beasts [also]” (Numbers 20:7-11). Setting the disappointing situation aside, Paul applied it in this manner: “And did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ” (1 Corinthians 10:4).

Once again with Moses, we have another example, this time using the reference to manna: “And when the dew that lay was gone up, behold, upon the face of the

wilderness [there lay] a small round thing, [as] small as the hoar frost on the ground. And when the children of Israel saw [it], they said one to another, It [is] manna: for they wist not what it [was]. And Moses said unto them, This [is] the bread which the LORD hath given you to eat” (Exodus 16:14-15). While Jesus was in discussion with several people, “They said therefore unto him, What sign shewest thou then, that we may see, and believe thee? what dost thou work? Our fathers did eat manna in the desert; as it is written, He gave them bread from heaven to eat. Then Jesus said unto them, Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. For the bread of God is he which cometh down from heaven, and giveth life unto the world. Then said they unto him, Lord, evermore give us this bread. And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. But I said unto you, That ye also have seen me, and believe not. All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out. For I came down from heaven, not to do mine own will, but the will of him that sent me” (John 6:30-38). Also, “Verily, verily, I say unto you, He that believeth on me hath everlasting life. I am that bread of life. Your fathers did eat manna in the wilderness, and are dead. This is the bread which cometh down from heaven, that a man may eat thereof, and not die. I am the

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The mission of *Have One Mind (in Christ)* is to encourage the desire of “Looking for and hasting unto the coming of the day of God, wherein the heavens being on fire shall be dissolved, and the elements shall melt with fervent heat” (2 Peter 3:12), “Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth” (2 Timothy 2:15), and to “abideth in the doctrine of Christ” (2 John 1:9) by following the words of Jesus, “If a man love me, he will keep my words: and my Father will love him, and we will come unto him, and make our abode with him” (John 14:23).

## **Editor and Founder**

Jerry O'Donnell

## **About Have One Mind (in Christ) Ministry**

This ministry is founded upon the necessity of raising the standard higher and higher. It is a non-profit, volunteer group of Christians who love God's Word and love people so much so that we do not want to see a single person lost.

## **Subscription and Donations**

Although we are volunteers, the cost of this publication is challenging to provide to everyone for free. So, we are asking for a subscription of \$19 annually for 12 issues, and if the Lord impresses you with the means to be able to provide a donation, we definitely would welcome such and put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

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living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world" (John 6:47-51). And for a third time, "Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day. For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him. As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me. This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever" (John 6:53-58).

Going back to Jacob for a moment, in discussion with "the woman of Samaria" (John 4:9), "Art thou greater than our father Jacob, which gave us the well, and drank thereof himself, and his children, and his cattle? Jesus answered and said unto her, Whosoever drinketh of this water shall thirst again: But whosoever drinketh of the water that I shall give him shall never thirst; but the water that I shall give him shall be in him a well of water springing up into everlasting life" (John 4:12-14). So, Jacob provided water by digging wells, but Jesus provides the living water in which Jacob's physical water pointed to the spiritual water.

And then there is everything about the sanctuary where Jesus was

part of the feast days in addition to the objects involved in the sanctuary. Jesus was "the Lamb of God" (John 1:29, 36), "Christ our Passover" (1 Corinthians 5:7), "Christ the firstfruits" (1 Corinthians 15:23), "Jesus, made an high priest" (Hebrews 6:20), Jesus saying that "I am the light of the world" (John 8:12) referring to the candlestick in the sanctuary, and so on.

The bottom line is that when people try to make God the Father appear mean, restrictive, vindictive, demanding, etc. as the Old Testament God, little do they realize that they are actually pitting God against God, at least the Father against the Son or the Son against the Father. Under the Father, there was no grace, lots of sacrifices, and you had to keep those Ten Commandments. Little do they realize that keeping the Ten Commandments was not possible even for Moses, but those that believe that God the Father was like that seem to believe that the sacrifices conducted paid the penalty even though we are told in the New Testament that "[it is] not possible that the blood of bulls and of goats should take away sins" (Hebrews 10:4). So, since every Old Testament person sinned, and the sacrifices did not take away their sins, that means they, too, have to be saved in the same manner as we are – by grace through faith.

They pit the Old Testament against the New Testament despite Paul writing in regards to the Old Testament, "All scripture [is] given by inspiration of God, and [is] profitable for doctrine, for reproof, for correction, for instruction in righteousness: That

the man of God may be perfect, thoroughly furnished unto all good works" (2 Timothy 3:16-17). The New Testament did not exist yet. Besides that, there are so many quotes from the New Testament referring back to the Old Testament encouraging us to see things more than messages to literal Israel. But by pitting the two testaments against each other, a lot of the New Testament symbolism, especially found in the Book of Revelation, is lost without referring to the Old Testament for explanation. That means, today's Christians are just making up the definitions when all they have to do is look up a few key words to find the biblical meaning, like a dictionary, and do so from the Old Testament allowing the Bible to interpret itself. That explains why so many Christians are looking for anyone who is the meanest world-power-hungry politician, like Biden or Trump for instance or even Putin, thinking they are the antichrist ignoring the dozens of Old Testament prophecies about the antichrist, which would eliminate these modern-day characters. This is why so many Christians are fearful of computer chips and credit cards because they fail to find the scriptural Mark of the Beast as revealed in the Old Testament. And the list goes on.

So, do you accept the "grace, which was given us in Christ Jesus before the world began" (2 Timothy 1:9) and not something instituted only at the cross? In other words, do you accept Jesus as Lord and Savior not from the cross alone but from the beginning of time?



# Heavenly Health

## What does washing dishes have to do with my health?

Many of the beneficial features of washing dishes have been taken from us by the use of automatic dishwashers. We lost so many aspects of simple natural help to our systems when yet another convenience took over our lives and pushed nature out of the equation. The first automated dishwashers came into existence sometime in the late 1800s but were not really a household article til nearly the early to mid 1900s. The first models, which were far too expensive for regular household use, were snatched up by institutions like hospitals, large restaurants, and hotels, and proved to be great time-savers as well as lessening the need for some hired positions, which were hard to fill in the first place. After the post-war boom of the 1950s these appliances were seen in most homes of the wealthier population and today just less than 60% of households have dishwashers, but according to that same information source (U.S. Energy Information Administration, June 19, 2017) "Dishwashers are among the least-used appliances in American homes." I found that surprising, but I think we could probably attribute that to people eating out more often, the use of frozen entrees, disposable plates and plastic utensils and bottled drinks – in other words, other conveniences whose users are not washing any dishes, either. So not very many people in America are

actually washing dishes anymore. Oh, you might rinse out a coffee cup or a plate once in awhile, but this write-up is about the benefits of really washing dishes.

So, what is it that we are missing by not washing dishes by hand? – We are missing the short and sometimes long-term pleasure and relief realized from having your hands in very warm water, even for a short time which can be such a comfort for someone with stiff joints from an injury, or maybe arthritis in the hands and/or fingers, but that pleasure doesn't just stay right there in the hands. Our bodies are amazing communication centers with every cell communicating with others, sending messages of pleasure, pain and all other experiences to the brain. When we receive good news we naturally want to share it with others, and the same goes for your cells – they send messages of good will to other parts of your body via the nervous system so other parts can enjoy the pleasure and relief you would be sensing in your warm hands. Even when there is no injury, the healing sense can be delivered to other parts of the body through the nervous system in the hands. When this is done by anyone on a regular basis it can be quite therapeutic. The blood vessels are enlarged due to the heat, so circulation is improved; tight muscles are loosened up, improving mobility of the hands so you can do a good job washing those dishes. Paired with the action involved, warmth produces calming relaxation which will go

through the body and can begin to induce healing elsewhere.

We need to have some understanding about what the nervous system is, somewhat, as well as its function. It can be described as a network running through every cell, every organ and every other system of the body, which sends and receives messages via electrical signals between the brain and all other body parts. It even records your attitude, good or bad, about activities that you perform, like washing dishes, and factors that in messages to every receptor in the body which reacts to your attitude through the nerves. So if you grumble about washing the dishes, that message is recorded in your corresponding body parts and they react to that by responding negatively in the function of those organs and muscles, etc.

Let us get back to that sink full of very warm dishwater, , , Is that warm water a good thing for the hands, or a bad thing? It is a good thing, so it meets the approval of every part of the body which receives that message from the nervous system – all is well, and they respond accordingly. Suppose the water, instead of being very warm, had crossed the line into a much higher temperature and was very hot. This would not produce a good report going out to all the organs, so negative feedback would be sent out in less than a blink of time. The receptors would all recoil in pain, and some damage, at least to the skin, would be recorded and stored with other



pain memories in various locations throughout the body system. Since we cannot see any thing taking place in our bodies directly, we fail to make that link between the washing of dishes and a future ailment being the end product in later years. We are not suggesting that a sink full of warm water is going to cure all ailments, but making a conscientious effort to apply such a simple therapy with

a positive attitude on a regular basis can, in fact, make a world of difference, and not just short-term; these things are cumulative and will come back to bless us or curse us. All kind acts and unkind acts respond reciprocally in the end, especially within our selves.

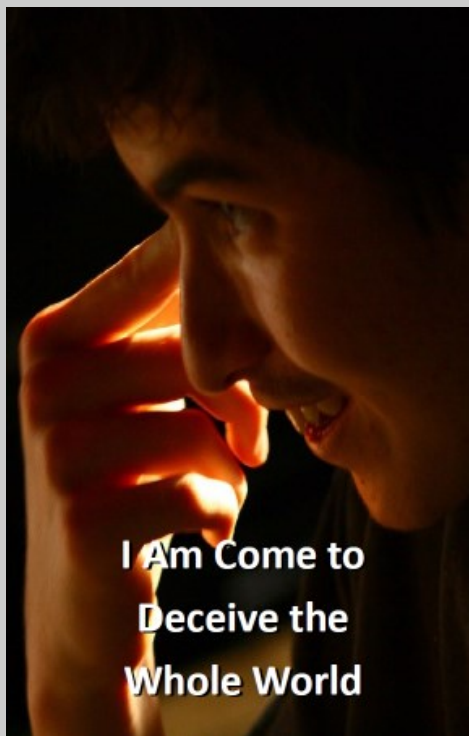
There is nothing that happens to one part of the body that does not affect all the others in some way

since all are connected by various elements; no part operates in a vacuum or independently. Our attitude toward washing dishes doesn't just stop at the kitchen sink, it permeates every cell in our body resulting in functioning or dis-functioning of organs, muscles, etc. If our attitude is good, then good, unseen things will result in the body; if our attitude is surly, then we will end up with damaging negative results in our bodies and minds, therefore, in our spirit and interactions with others. We bring sickness on ourselves when we fail to realize the potential danger of any interference in the internal operation of our bodies.

Since our bodies were fashioned by God, it only makes sense to say they were designed to do good things, good works, and must be treated appropriately. We cannot expect to receive a good return from our bodies in later years if we do not treat them with respect, even in seemingly inconsequential things. And let us not forget the simple pleasure and benefit we derive from seeing a hands-on chore through, from start to finish – a job well done. So the act of washing dishes with a good attitude can have some very interesting and positive things to contribute to your health, or, unfortunately, some very negative events may await you if you go through day by day with the wrong frame of mind. Let us make healthy and wise choices in all things; we cannot afford to be found lacking in a healthy mental attitude.



## ***I Am Come to Deceive The Whole World***



**I Am Come to  
Deceive the  
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***How Satan, from his perspective, is distracting so many Christians while his agenda marches on.***

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**While people are distracted by sports, politics, Hollywood idols, etc., the march towards the agenda is already upon us and increasing in intensity.**

# Healthy and Delicious Recipes

## Cauliflower Piccata

### Ingredients

- 1 head cauliflower, cut florets apart into equal size
- 2 tablespoon olive oil or avocado oil
- 1 teaspoon oregano
- 1 teaspoon onion powder
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 2 tablespoon vegan butter
- 2 shallots, thinly sliced (red onions work as well)
- 4 cloves garlic, minced
- 2 tablespoon capers
- 1 lemon, half cut into thin slices, half for juice
- 2 teaspoon cornstarch
- 1 ½ cups vegetable stock

### Instructions

1. Preheat oven to 425 degrees F.
2. On a baking tray, add the cauliflower pieces.
3. Drizzle with oil and toss together.
4. In a small bowl, combine all the spices.
5. Sprinkle half over the cauliflower, flip and sprinkle the remaining seasoning on the other side.
6. Bake for 20-25 minutes, flipping halfway through, or until the pieces are fork tender.
7. In a skillet, over medium heat, add vegan butter and let melt.
8. Add shallots and let softened for 2-3 minutes.
9. Add garlic and stir, cook for 30 seconds.
10. Add capers, lemon slices, and lemon juice and stir.
11. Add cornstarch and stir together until powder remains.
12. Add vegetable stock, stir, scraping any fond off the bottom of the pan.
- 13.
14. Let cook for 2-3 minutes or until it thickens.
15. Add baked cauliflower pieces and spoon some of the sauce over top.
16. Serve over pasta, rice, mashed potatoes, or by itself.



## Natural Vitamins

### Benefits of Artichokes

1. Provide a low-calorie, low-fat source of nutrients.
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6. Contain Cynarin which also helps your liver make bile, which may help improve your gut health naturally.
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12. Contain Polyphenols to help your body fight inflammation that can cause cancer.
13. Their magnesium promotes better sleep.



## *Be Ye Holy — 1 Peter 1:15*

Galatians 5:18 states “But if ye be led of the Spirit, ye are not under the law.” That “under the law” phrase has tripped up so many Christians. Many believe, “I can speak in tongues; therefore, I am led of the Spirit and there is no need to keep the commandments because I am not under the law.” If Christians would read all of chapter 5, they would realize that to be led of the spirit is to avoid the lifestyle of living for the flesh (Galatians 5:19-21) and then to have “love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance” (Galatians 5:22-23). That is the sanctified and holy life because each of those words tie somehow back to the commandments, like Jesus saying, “If ye love me, keep my commandments” (John 14:15). To be under the law is under the condemnation and punishment, but if we are living in obedience, we are not under condemnation or punishment. So, do you dismiss the Ten Commandments because you feel like you are led of the Spirit, or do you keep the commandments as a result of being actually led by the Spirit being guided in all truth (John 16:13) and be convicted of “sin, and of righteousness, and of

judgment” (John 16:8)?

Ephesians 2:21 states, “In whom all the building fitly framed together groweth unto an holy temple in the Lord.” If we are to grow, we are to “grow in grace” (2 Peter 3:18), which grace is for forgiving of sins, therefore, we grow away from sinning. Further, we are to be part of a holy temple. Sinning is not holy. Therefore, like the building of Solomon’s Temple (1 Kings 6:7), which is the purpose of being recorded in the Bible, a chiseling of our character is to be conducted here in the quarry of earth so that when we are taken to the New Jerusalem (Revelation 21:2), we are just fitted into place without a strike of an instrument. All of that is the holy and sanctified life that we are to form here on earth over time being made ready to be taken to Heaven. This begins once we come “in the knowledge of our Lord and Saviour Jesus Christ” (2 Peter 3:18). In other words, the sanctified life is the fruit of being justified, forgiven, receiving grace, being saved. So, is your character being chiseled or are you resisting the work of the Spirit, the fitting up to dwell with holy beings?

Philippians 3:12-14 states, “Not as though I had already attained,

either were already perfect: but I follow after, if that I may apprehend that for which also I am apprehended of Christ Jesus. Brethren, I count not myself to have apprehended: but [this] one thing [I do], forgetting those things which are behind, and reaching forth unto those things which are before, I press toward the mark for the prize of the high calling of God in Christ Jesus.” Even Paul did not obtain perfection at this point, which many Christians turn around and say, “Then what is the use?” It is called attitude. It is not that Paul kept repeating the same sins, but as we, by the grace of God, clear away sin from our lives, we realize that there are things that we did not know were sinful. Further studying of the Bible, even of the same passages that we studied before, with those sins now gone from us, we can see the Word of God deeper, convicting us of needing to rid ourselves of other sins. The example set by Paul that we are to follow is that of pressing towards the mark, the goal. It is a very high calling that all Christians are called to seek after, otherwise, we are glorifying sin and Satan; we are then preoccupied with the things of this world and not looking towards the eternal. So, are you glorifying God



each day by pressing towards the mark?

1 Thessalonians 2:13 says, “For this cause also thank we God without ceasing, because, when ye received the word of God which ye heard of us, ye received [it] not [as] the word of men, but as it is in truth, the word of God, which effectually worketh also in you that believe.” The Word of God works in us. The work it performs does not cause us to believe because according to the verse, we already believe when it begins the work. That work transforms us into “a new creature: old things are passed away; behold, all things are become new” (2 Corinthians 5:17), which is the sanctified and holy life as we see our old worldly desires pass away and live for Christ (Galatians 2:20). It will “Make you perfect in every good work to do his will, working in you that which is wellpleasing in his sight, through Jesus Christ; to whom [be] glory for ever and ever. Amen.” (Hebrews 13:21). “Sanctify them through thy truth: thy word is truth” (John 17:17). So, is the gospel working in you making you a new creature preparing you to go to Heaven to dwell with holy beings by sanctifying you and

making you holy, or is worldliness still having a grip pulling you back into your old life, resisting the transformation and making you lax towards godly things, in which in the end you will be lost?

1 Timothy 2:1-2 begins with exhorting. That is a strong word that such is the expectation of a Christian. “I exhort therefore, that, first of all, supplications, prayers, intercessions, [and] giving of thanks, be made for all men; for kings, and [for] all that are in authority; that we may lead a quiet and peaceable life in all godliness and honesty.” This is addressed to all Christians and not just to Timothy. That means a person has been freely justified, forgiven of their sins, and given the gift of eternal life. Now, in receiving these things, we are to live a “life in all godliness and honesty”. That is the sanctified and holy life of a true Christian and not one that is just claiming to be a Christian. So, are you living in godliness and honesty?

2 Timothy 2:12 states, “If we suffer, we shall also reign with [him]: if we deny [him], he also will deny us.” Using the Bible for

the definition of “deny”, Titus 1:16 tells us, “They profess that they know God; but in works they deny [him], being abominable, and disobedient, and unto every good work reprobate.” So, our works reveal if we deny Jesus or not. To be disobedient is the opposite of obedient, and a synonym to the word “obey” is “keep”. Therefore, “If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love” (John 15:10). That means, keeping the Ten Commandments is evidence that we do not deny Jesus but declare Jesus, however, if we are disobeying the commandments by breaking them or discarding them, we then are denying Jesus and He will deny us entrance into Heaven. Keeping the commandments reveals the power of God “to keep you from falling” (Jude 1:24). Breaking the Ten Commandments shows denial of that power. Keeping the Ten Commandments does not earn Heaven. Heaven has been given to us as a gift, but like any gift, we have the option to deny acceptance of it. So, do you deny Jesus in your works or shew forth your declaration of Jesus by keeping His commandments?

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1 John 2:8 states plainly, "Again, a new commandment I write unto you, which thing is true in him and in you: because the darkness is past, and the true light now shineth." Where exactly is this commandment inside us? Hebrews 8:10 tells us, "...I will put my laws into their mind, and write them in their hearts...." Jesus even said, "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second [is] like unto it, Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets" (Matthew 22:37-40). The summary of the Ten Commandments begins with the heart, mind, and soul dedicated to God. So, are the commandments in your heart, dedicating every thought and action to obedience to God, or do you detest the commandments not taking obedience to be that important?

Revelation 2:26 says, "And he that overcometh, and keepeth my works unto the end, to him will I give power over the nations." Only those who overcome, of course that is overcoming sin, and also keep Jesus' works will receive the power over the nations. Those who do not are not in Heaven being powerless. Those who do not overcome will actually not be in Heaven. The works of Jesus is summarized in the words of 1 John 2:6, "He that saith he abideth in him ought himself also so to walk, even as he walked." So, are you overcoming sin and walking as Jesus walked?

Mark 7:9 states, "And he said unto

them, Full well ye reject the commandment of God, that ye may keep your own tradition." Though Jesus was rebuking the Pharisees, the bottom line is that the commandments of God are not to be rejected or laid aside (verse 8) for any reason because Jesus said, "Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil" (Matthew 5:17). And yet, today, Bible verses are twisted to make it appear that the commandments can be laid aside and rejected. The problem is ignorance. All the verses that state that the law is done away with are referring to the laws that pointed to Jesus, which are the ceremonial laws, but the moral law, as in the Ten Commandments, can never be set aside for they are God's laws that govern all the universe in morality. So, do you pit the Bible against itself choosing to cancel out the Ten Commandments and become immoral, or do you see that there is a difference in the laws found in the Bible and only those governing the sacrificial system have been done away with because Jesus is fulfilling those elements starting with dying on the cross as the Lamb of God?

At first glance, Luke 3:11 does not appear to refer to the sanctified and holy life, but when one compares scripture, it most certainly does. "He answereth and saith unto them, He that hath two coats, let him impart to him that hath none; and he that hath meat, let him do likewise." Again, these words, even though they are spoken just before Jesus Christ starts His ministry are not for the Jews. The words in the Bible are

for all time because not every word of John the Baptist is recorded. Besides, later, Jesus would tell a parable about sheep and goats regarding "...Naked, and ye clothed me..." (Matthew 25:36). The result was "Come, ye blessed of my Father, inherit the kingdom prepared for you from the foundation of the world" (Matthew 25:34). Those that do not give their coat to those in need, the result is "Depart from me, ye cursed, into everlasting fire, prepared for the devil and his angels" (Matthew 25:41). Therefore, the connection between generous acts of kindness is the expected holy life of a true Christian. So, how kind and generous are you towards those in true need?

John 3:6 talks of the born-again Spirit. "That which is born of the flesh is flesh; and that which is born of the Spirit is spirit." The contrast is that those who are not born again, they do those things that please the flesh. Those who are born again live according to the Spirit. And remember, "[There is] therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit" (Romans 8:1). There is condemnation for those who live like the world, while salvation is for those walking after the Spirit. That is the sanctified and holy life. To claim to be saved and think this verse has no application or consequence is of Satan. So, do you live like the world or are you led by the Spirit?



# Study to Shew Thyself Approved Unto God—(2 Timothy 2:15)

## What Is Truth?

1. Who asked that question – What is truth?? **John 18:38**
2. What is the truth to do for us? **John 8:32**
3. What is the Holy Spirit's role with the truth? **John 16:13**
4. Having the truth is part of having what else? **Ephesians 5:9**
5. What is the truth to do to us? **John 17:17**
6. What do we have to be careful of when using the Word of Truth, the Bible? **2 Timothy 2:15**
7. What happens if we do not care about having truth and just claim to be saved without it? **2 Thessalonians 2:12-13**

8. But what is the desire of God? **1 Timothy 2:4**
9. But with the chant that “nobody has the truth”, what are such people turned to instead? **2 Timothy 4:4**
10. What is associated with having the truth that so many Christians disregard? **1 John 2:4**

## June 2024 Bible Study

### Imaginations Leads to End Time Events

1. Those without God in their life, where do the imaginations head towards? **Genesis 6:5 “evil”**
2. At what age do they tend into that direction? **Genesis 8:21 “youth”**
3. What aids the world in accomplishing a lot of that evil? **Genesis 11:6 “people [is] one, and they have all one language”**
4. What shall this unification lead to? **Psalms 140:2 “war”, Revelation 12:17 “war”**
5. What does this unification resist? **Jeremiah 11:8 “words of this covenant”, Exodus**

**34:28 “the ten commandments”, Hebrews 10:16 “laws into their hearts, and in their minds will I write them”**

6. What do they refuse to do? **Jeremiah 16:12 “not hearken unto me” referring to God**
7. What will they choose to follow instead? **Jeremiah 18:12 “walk after our own devices”, and “the imagination of his evil heart”**
8. What specifically will be involved? **Jeremiah 13:10 “walk in the imagination of their heart, and walk after other gods, to serve them, and to worship them”, Revelation 13:16 “receive a mark in their right hand, or in their foreheads”**
9. What lie shall be taught? **Jeremiah 23:17 “Ye shall have peace”, 1 Thessalonians 5:3 “Peace and safety”**
10. When all nations are gathered outside the Jerusalem, the New Jerusalem that is, what will the result be? **Jeremiah 3:17 “neither shall they walk any more after the imagination of their evil heart”, Revelation 20:9 “fire came down from God out of heaven, and devoured them”, Revelation 21:2-5 “for the former things are passed away”**



# Questions & Answers

**QUESTION:** What is the real implication of what people call art but in reality, are statues of naked people.

**ANSWER:** In all ages, sexuality is an infatuation. To make it acceptable in society, along with other “excusable” depictions, the word “art” is attached to it as if that makes it sacred, protected, justified, etc., and if not appreciated as art, there is something wrong with the beholder.

In reality, it was a form of what we would call porn today. Since God devoted Leviticus 18 and 20 about uncovering nakedness, throughout the Bible describing the revealing of private areas and large amounts of skin as nakedness, and seriously addresses adultery and fornication as abominations in certain situations, it is safe to say that “art”, when it indulges in the supposed appreciation of the human form is nothing short of exploiting sensual intent and sexuality in general of which none of it was to be made public, in God’s eyes. So, just because naked

bodies are covered with the term “art”, it is not appreciated by God nor should it be appreciated by Christians.

And do not forget, many of the statues of naked bodies were considered deities and worshipped as idols, even as gods.

**QUESTION:** Are we not told to meet people where they are? So, is that not a license to use formats that people appreciate in worldly society to get them hooked into hearing a religious message?

**ANSWER:** Looking to copy Jesus’ example, never did He use worldly methods to draw people. Sure, He referred to objects that He Himself created or was used in everyday life. He referred to sheep, goats, pigs, and even news items (Luke 13:4). He referred to doors, gates, seeds, and even flowers. But not once did He ever use or refer to those things that were of a satanic nature. He never performed a magic act, never gambled, never encouraged the attendance of

plays, etc. He sang hymns but never worldly or pagan songs. He did not participate or condone sin either. When He met them where they were, He recognized their sin, their struggle with it, and showed them how to be free from it. He also dealt with those things that they were distracted with, especially in the form of addressing their ailments, which usually involved a healing followed by a command, “Behold, thou art made whole: sin no more, lest a worse thing come unto thee” (John 5:14).

Today, churches use movies, sports, competitions, unhealthy practices that includes video games, and even worldly sounding music. These are used in a manner that usually fail but with hopes that show Christians being “normal” and that all these worldly people have to do is accept Jesus and they are good to go. Many times, the church is the one converted instead of the other way around.

**QUESTION:** Why are Christians stuck against tattoos while saying nothing against men shaving?

**ANSWER:** According to Leviticus 19:28, it says, “Ye shall not make any cuttings in your flesh for the dead, nor print any marks upon you.” Now, those that justify tattoos will quickly come back with, “You’re not supposed to shave either!”, referring to verse 27, which says, “Ye shall not round the corners of your heads, neither shalt

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thou mar the corners of thy beard”, and Leviticus 21:5, which says, “They shall not make baldness upon their head, neither shall they shave off the corner of their beard, nor make any cuttings in their flesh.”

Looking closer at the two verses that they use to supposedly condemn shaving, the focus is upon the corners of the beard and not the practice of shaving. In other words, there was something significant when those with beards would shave a little portion off known as the corners. Shaving off the whole beard is not being referred to in these verses. It was some type of design acknowledging something pagan,

or God would not condemn such if it had no bearing on life. In Leviticus 19:26, which says, “Ye shall not eat [any thing] with the blood: neither shall ye use enchantment, nor observe times”, clearly the context is about paganism creeping in.

Overall, the scriptures do not forbid shaving. Joseph shaved! “Pharaoh sent and called Joseph, and they brought him hastily out of the dungeon: and he shaved [himself], and changed his raiment, and came in unto Pharaoh” (Genesis 41:14).

Marring the corners of beard is not the same as forbidding to shave. And marring is not the same as trimming a beard.

Marring goes much deeper into the area of cutting designs into it, creating various shapes especially by leaving bald spots, etc. So, to justify breaking the command about forbidding tattoos, or any other command for that matter, by exaggerating something else, is childish. It is clearly a forbiddance because it has a connection of honoring the spirit world.

Those that did not know better and have tattoos are not condemned to hell, but it would be sinful to continue to be marking up the body after hearing the truth of the practice.



## Who Is the Real Antichrist?



## Who Is the Real Antichrist?

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# News and Comments

## May 5—Yahoo

**New poll uncovers what nearly 70% of Americans believe the US should do immediately to curb rising temperatures: 'There's a sense of urgency'**

By the article stating, "There's a generational divide on the issue, as well. Americans under 45, who learned about climate change in school, are especially likely to favor climate action", they are all but admitting that schools brainwash beliefs. It then begs the question of what else are children being brainwashed into believing? "Take heed that no man deceive you" (Matthew 24:4), "For many shall come in my name, saying, I am Christ; and shall deceive many" (Matthew 24:5), "And many false prophets shall rise, and shall deceive many" (Matthew 24:11), and "For there shall arise false Christs, and false prophets, and shall shew great signs and wonders; insomuch that, if [it were] possible, they shall deceive the very elect" (Matthew 24:24).

## May 7—People

**Mom Accused of Throwing 6-Year-Old Son with Disabilities into Canal to Be Eaten by Crocodiles**

Isaiah 49:15-16 says, "Can a woman forget her sucking child, that she should not have compassion on the son of her womb? yea, they may forget, yet will I not forget thee. Behold, I have graven thee upon the palms of [my] hands; thy walls [are] continually before me." How cruel

this world happens to be that a mother would do this. Thank God that God loves us so.

## May 8—Fox News

**Vatican preparing 'guidelines' for 'apparitions', 'other supernatural phenomena'**

According to the article, "An 'apparition' refers to an instance in which a divine entity — such as a saint, the Virgin Mary, or Christ himself — makes itself known to a person on Earth. The concept is a recurring theme in the Bible and most Christian denominations affirm the belief that such brushes with the supernatural can still occur today in various capacities." When it comes to saints or even Mary, "The dead know not any thing" (Ecclesiastes 9:5). "Satan himself is transformed into an angel of light" (2 Corinthians 11:14). None of those types are supported by the Bible as is implied, however, an encounter with Jesus is supported (Acts 9:3-6). To discern if it is Jesus or a personation of Jesus, "To the law and to the testimony: if they speak not according to this word, [it is] because [there is] no light in them" (Isaiah 8:20).

## May 10—NBC

**Lesbian and bisexual women die earlier than straight women, decadeslong study finds**

So, when God said, "For this cause God gave them up unto vile affections: for even their women

did change the natural use into that which is against nature" (Romans 1:26), that evidently included the curse of a shorter lifespan. Such relationships involve a bigger impact on life than just sharing a bed.

## May 11—Yahoo

**Cases of chlamydia, gonorrhea and syphilis in Americans age 55 to 64 have more than doubled over the past decade. Here's why.**

So much for the aged being wise. "With the ancient [is] wisdom" (Job 12:12). It should have been learned that all the sleeping around at a young age increases the risk of diseases. In the older age, there should be a settling down of such activity, not that it was right in the first place.

## May 13—Yahoo

**How risky is it to eat raw oysters? Here's how you can safely consume them, according to experts.**

If you really want to hear from the Expert, "And all that have not fins and scales in the seas, and in the rivers, of all that move in the waters, and of any living thing which [is] in the waters, they [shall be] an abomination unto you" (Leviticus 11:10). This dietarian order is not given to Jews only. Noah knew the difference (Genesis 7:1-9), and we are all related to him.

## May 16—Yahoo Finance

## **San Francisco Taxpayers Forced To Fund Free Alcohol For Homeless; California Tax Rates Increase Further, Prompting More Exodus**

The immorality that is called society and encouraged by the government continues to smack at God. "Because sentence against an evil work is not executed speedily, therefore the heart of the sons of men is fully set in them to do evil" (Ecclesiastes 8:11).

### **May 22—The Hill**

#### **Colorado Republican Party calls on parents to pull kids from public schools**

The alphabet community is not the only agenda found to be strong in public schools. No child of God should be allowed to become subject to all kinds of indoctrination. It includes the god of Climate Change, evolution, and other things. Parents should study the many examples of the Bible that provide results of homeschooling: Moses, John the Baptist, even Jesus.

### **May 23—USA Today**

#### **Competitive eater Takeru Kobayashi feels body is 'broken,' retires due to health issues**

"I'm sure that I've eaten 10,000 hot dogs since the beginning of my career," Kobayashi said in the film. This is the modern day version of sacrificing one's body for what? "Now they [do it] to obtain a corruptible crown; but we an incorruptible" (1 Corinthians 9:25). There is no surprise to the results of his actions. Many may not be in

a visible contest where their is temporary recognition, but many are still willing to sacrifice themselves to obtain it. That is sad.

### **May 23—Fox News**

#### **California to legalize human composting by 2027 as residents seek environmentally healthy burials**

The Bible does not teach cremation and we've already written an investigative result of the source of cremation, and it is pagan. The Bible always shows the respect for the body of the deceased. For our bodies to become compost for growing plants really denigrates the position of having dominion of this planet. Becoming plant food makes it appear that even the plants have dominion over us. Though "dust thou [art], and unto dust shalt thou return" (Genesis 3:19), it was never God's intention to have that process be encouraged after dying. The fact that they claim, "The truth is, the last gesture most of us will make on this earth is toxic" shows that once again paganism is their God. It is earth worshipping. "Who changed the truth of God into a lie, and worshipped and served the creature more than the Creator, who is blessed for ever. Amen" (Romans 1:25). Earth is worshipped above human beings.

### **May 27—Pet Helpful**

#### **Sassy Pomeranian Gives Her Mom Serious Shade After Being Asked to Wipe Her Feet**

With a world very much lacking respect for authority, this may appear as being picky, but step back for a moment and really think hard about this. In the last few decades, society made it acceptable for children to call adults by their first names instead of Mr. or Mrs. I know there is that affection for our pets and a want to treat them like members of the family, but in all honesty, it undermines the command: "And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth" (Genesis 1:26). We are not mommies and daddies of animals, They are not our grand-puppies or grand-kittens or whatever. Evolution is what mixes the human and the animal kingdom. Christianity keeps them separate. And as usual, Satan's full on attack does not sweep all under his snare, so he repackages this mixing the human and animals together with the blurring of the lines using affection. We can love our pets without crossing the lines. Satan doesn't fool Christians in satanic practices, but throw candy in the mix and even Christians defend Halloween. The same is true with this owner and pet relationship. Love your pets but let us not blur the lines contributing to Satan's agenda to diminish our place as having dominion over the creatures.



## Natural Remedies

### Dry-brushing for Detoxing

Your lymphatic system does not have a pump, so instead, it relies on muscle motion to improve circulation. If you do not move regularly with most of your muscles, your lymph can stagnate and waste accumulates. Dry brushing stimulates the lymphatic system, which catches waste from cells, environmental toxins, and pathogenic organisms. Regular dry brushing can help you remove lymphatic waste more efficiently.

Better lymphatic circulation may lead to other health perks as well, including improved digestive and respiratory function, according to Dr. Sara Gottfried, MD. "I think of dry brushing as self lymphatic drainage massage," says Gottfried.

Using a natural-bristle brush, ideally one with a long handle so you can reach your back is best. Starting with dry skin, begin from your feet and work upward. Use

long fluid strokes, move toward your heart on your limbs, and circular motions on your torso and back. Move in the upward direction. Breasts and neck may be sensitive so lighten pressure as needed. Showering immediately afterward to remove dead skin cells is important.

