

Have One Mind (in Christ) - Philippians 2:5

A Monthly Magazine

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Do Not Try to Be an Adulterer or Adulteress! - Jerry O'Donnell

I am asking you to ignore the commandment found in Exodus 20:13, which, as a reminder, states, "Thou shalt not kill". In fact, this is actually directed at the wife to kill her husband. And the suggested method of killing to be used is probably crucifixion. And, you should also know that there is another man ready to be your husband afterwards and is much better than the current one in all aspects. Now, you ought to have all the motive you need to carry out this plan as it is also the only exception to "thou shalt not kill".

Before you get upset with me, the apostle Paul is the one who originally encouraged all of this. "I have espoused you to one husband, that I may present [you as] a chaste virgin to Christ" (2 Corinthians 11:2). However, you cannot accept this arrangement at this time as long as you are still married "For the woman which hath an husband is bound by the law to [her] husband so long as he liveth; but if the husband be dead, she is loosed from the law of [her] husband. So then if, while [her] husband liveth, she be married to another man, she shall be called an adulteress: but if her husband

be dead, she is free from that law; so that she is no adulteress, though she be married to another man" (Romans 7:2-3). And how ought we to get rid of the old husband? "Knowing this, that our old man is crucified with [him], that the body of sin might be destroyed, that henceforth we should not serve sin" (Romans 6:6).

Now, the wife addressed in the opener is none other than the church (Ephesians 5:23-32, Colossians 1:24), therefore, all of us are involved as we make up the church, and literal husbands do not have to get mad at me for encouraging their wives to kill them.

The new husband is Christ, as the scriptures revealed, but many of us have a problem. We are still allowing our old husbands to be active in our lives. Jesus said, "Ye cannot serve God and mammon" (Matthew 6:24). Well, we cannot be married to two people at the same time. Up through Noah, we understood the command of God regarding marriage, "Therefore shall a man leave his father and his mother, and shall cleave unto his wife: and they shall be one

flesh" (Genesis 2:24). It was never intended for us to cleave to wives. Of course, Abraham through many of the kings, especially David and Solomon, but there were others as well, experienced multiple simultaneous marriages. At some point, at least by the New Testament, we happen to get back on track to the one-to-one ratio, and Paul reminds us, even spiritually, that there is only a one-to-one relationship (Romans 7:2-3). Jesus also reinforced the one-to-one relationship as well by repeating the words of Genesis (Matthew 19:5). This is important because so many try to still have that relationship with the world, all the while desiring to be a Christian, wondering why there are failures and sinning still very actively, more than an 'oops' where, "My little children, these things write I unto you, that ye sin not. And if any man sin, we have an advocate with the Father, Jesus Christ the righteous" (1 John 2:1).

The first husband, in technicality, could point to Satan, however, that does not fit the narrative perfectly because none of us can physically kill Satan. According to Romans 6:6, the "old man" is

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For Bible Believing Christians**

mentioned, and it is “the body of sin”. That is what needs crucified; that is what needs “destroyed”.

We are further told, “Ye adulterers and adulteresses, know ye not that the friendship of the world is enmity with God? whosoever therefore will be a friend of the world is the enemy of God” (James 4:4). This is what undermines the potential relationship with Jesus. As we warm up to the ways of the world, we, in nowise, can experience the intended relationship with Jesus and, therefore, cannot experience real victory over sin.

When we know we should not be eating something, drinking something, participating in something, and looking for an excuse, the mere looking for an excuse shows that the old man is still alive. Sure, we shall be tempted until the day we die or the second coming, but that does not mean the old man is still alive. Then what does it mean? “Let no man say when he is tempted, I am tempted of God: for God cannot be tempted with evil, neither tempteth he any man: But every man is tempted, when he is drawn away of his own lust, and enticed. Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death” (James 1:13-15). It is what is still in our hearts that determines if the old man is still alive. When we really do want to eat that which we ought not eat, when we really want to drink that which we ought not to drink, and when we really want to participate in the forbidden activity, whatever it may be, then the old man is alive and Satan has something to work with.

But this is where we need to take Jesus’ example. “The prince of this world cometh, and hath nothing in me” (John 14:30). The devil is an advocate of our old man. He knows what buttons to push to get us desiring the old man only because there is still a connection in us that he can use. Once we get to the point that there is no more connection, the old man will die. To do this, we have to take firm action by killing the flesh, as we opened up with. Basically, “they that are Christ’s have crucified the flesh with the affections and lusts” (Galatians 5:24). We need to “live in the Spirit, let us also walk in the Spirit” (Galatians 5:25). Let “the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit” (Romans 8:4). “For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, [even] our faith. Who is he that overcometh the world, but he that believeth that Jesus is the Son of God?” (1 John 5:4-5). “But thanks [be] to God, which giveth us the victory through our Lord Jesus Christ. Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord” (1 Corinthians 15:57-58).

Remember, the great controversy is not just a battle between Christ and Satan, but individually there is a battle going on. Are we going to follow antichrist or Jesus Christ. All the evangelical Christians, and other Christians along with Catholics, are following a lie. “For many deceivers are entered into the world, who confess not that

Jesus Christ is come in the flesh. This is a deceiver and an antichrist” (2 John 1:7). “And every spirit that confesseth not that Jesus Christ is come in the flesh is not of God: and this is that [spirit] of antichrist, whereof ye have heard that it should come; and even now already is it in the world” (1 John 4:3).

But, “Every spirit that confesseth that Jesus Christ is come in the flesh is of God” (1 John 4:2). “God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh” (Romans 8:3). And we show we believe Jesus came in the flesh because “That he no longer should live the rest of [his] time in the flesh to the lusts of men, but to the will of God” (1 Peter 4:2).

Jesus coming in the flesh is not about the skin, bones, muscle, veins, etc. Did He, or did He not, take on our nature? If a person says, “No, Jesus did not take on our nature” then they are following antichrist or one of her daughters. If a person says, “Yes, Jesus did take on our nature” then “He that abideth in the doctrine of Christ, he hath both the Father and the Son” (2 John 1:9). And remember, Jesus “took not on [him the nature of] angels; but he took on [him] the seed of Abraham” (Hebrews 2:16).

So, do you believe Jesus Christ, or antichrist? Are you committing adultery, or have you gotten the victory and crucified the old man?



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Editor and Founder

Jerry O'Donnell

About Have One Mind (in Christ) Ministry

This ministry is founded upon the necessity of raising the standard higher and higher. It is a non-profit, volunteer group of Christians who love God's Word and love people so much so that we do not want to see a single person lost.

Subscription and Donations

Although we are volunteers, the cost of this publication is challenging to provide to everyone for free. So, we are asking for a subscription of \$19 annually for 12 issues, and if the Lord impresses you with the means to be able to provide a donation, we definitely would welcome such and put it to proper use, including helping to pay for subscriptions of those who cannot afford the cost. The publication is free online in PDF format.

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Heavenly Health

Health by Faith

We know from 3 John, second verse, exactly what the Lord wishes for us, "I wish above all things that thou mayest prosper and be in health." He really wishes above all things that you should be in health? This absolutely applies to health! Well, then, is it not a shame for His children to be sickly?

He also adds a comparison at the end of that verse – "... even as thy soul prospereth." Has not the Lord given us adequate indications that our souls may prosper? Any one who will follow the instructions given in the Bible as to the care of his soul, his spiritual nature will not be lacking in anything. Will he not be constantly growing and prospering spiritually, in the Christian life and in the knowledge of God? Most assuredly, he will. It is impossible that it should be otherwise, since God said it.

But the Lord has given instruction also which, if people will follow, will cause them to grow and prosper in health and in strength, just as he intends that our souls shall do. Therefore, His intent is to have, all-around, the healthiest people on the earth. And when other people are dying by the thousands, carried away by disease, and are suffering all kinds of evils, he intends that His people shall be in perfect health. And when we reach that place where they will apply the principles of health which God has given us, we shall see results which have not yet been seen in many cases. Those who are looking for the

coming of the Lord, those who are believing His messages as they are, will apply the health principles as they apply the principles that are given for our souls' sakes; and those who do not apply the principles which God has given to cultivate our spiritual nature, and do not apply them as God has given them, will not achieve the promised health.

Health principles are to be practiced by faith in Christ. And when our people get to the place where they will practice their health by faith in Christ, then they will live righteousness by faith in Christ. Any one who does not live righteousness by faith in Christ, cannot live in health as God has given it. One is just as much a matter of faith as the other. Did health instruction come from God? Has he not prescribed it? Is He not the source of it? Is He not the author and the finisher of it? Then is it not of faith? We are told in Rom. 14:23 "And he that doubteth is damned if he eat, because [he eateth] not of faith: for whatsoever [is] not of faith is sin.", and note especially the last words of that verse, "*Whatsoever is not of faith is sin.*" This applies to eating and drinking, too. Let us understand and apply it that way, and then that will bring in a better practice of health principles among us.

Each one of us is to believe and apply health principles as God has given them, according to our own individual experience and needs, guided by the Spirit of God. We are not to be regulating other

people's practices in health, establishing rules for others, that simply may not be a fit for them; health is an individual matter. We cannot require anyone else to live and eat exactly as we do. If all men were now as God made them almost six thousand years ago, all foods that God has prescribed that are good to eat, would be equally good for all people to eat and all people could live on the same things. But we are a long way from where God made us and further than that in degeneracy. Every person has defects that he may not even be responsible for, that come from away back. Our fathers, generation after generation, going contrary to God's way in all things, have left us with weaknesses, and many things of this kind that make each one not like anybody else on the earth; and entails defects upon him that are not in other people. So each of us should find out what is good for ourself, and let the other man find out what is good for him, and then each of you enjoy it, and each be in health, having faith it will work for good in your body. So we can understand now that in these circumstances all things that the Lord says are good to eat are not equally good for all people. That is simply a fact.

But true health is not all in eating. A man can live a good while without eating; he can live weeks. He can live several days without drinking anything at all. He cannot live minutes without breathing. The first thing a person does in this world is to breathe, and the last thing he does is to stop

breathing; and all the way between he is breathing, and he cannot live minutes without it. And it is hardly too much to say that proper breathing is the most important part of health reform. But that is hardly ever thought of by nine tenths of people. If we breathe properly, having eaten that which is good, we shall have good blood all the time.

The Lord has given each person in this world lung capacity enough to keep all the blood in that person pure enough for all purposes; but if he does not use the lung capacity that God has given him, he cannot have his blood as pure as it ought to be, and consequently he will not have as good health as he ought to have. If I use only half of my lung capacity, will I have as pure blood as if I used it all? Of course not. If I use only the top of my lungs, only the upper part of them, and the lower part use not at all, can I have as pure blood, even though I eat pure food, as I ought to have, and as God made for me to have? Obviously not.

So if you only use the top of your lungs, and breathe this way [raising the shoulders and upper part of the chest] you may live all the health reform you please, so far as eating is concerned, and you cannot have good health; because you are not living health indeed. And if you bind yourself about the waist [compressing it tightly], you cannot breathe with any other part of your lungs than the top of them.

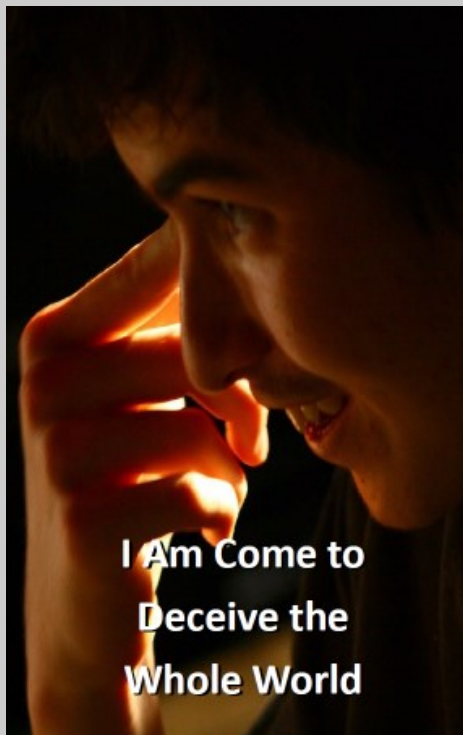
Then do you see what you are doing when you bind yourselves about like that? You are robbing yourself of the use of the lung

capacity that God has given you, to keep your blood pure. You are robbed of that, and until you give yourself freedom, and learn to breathe, you cannot have as pure blood as you ought to have, even though you eat good food in faith.

Many might be surprised to read this, but the lungs are not made to breathe with; they are not to do the work in breathing; that is not what they are for. The abdominal

muscles are made to breathe with; these are to do the work while the lungs remain passive, and if you do not use these muscles, you do not breathe right. You must eat good food in order to have good blood to start with; then you must breathe right in order to keep the blood good. Because if we eat food that is not good, and that cannot make good blood, it is impossible for all the lung capacity to make that blood pure, or to

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keep it pure. Therefore, the Lord has told us what is good to eat. Now I will give you a rule; it is one by which every one reading can have health by faith continually, when he breathes right.

Here is the rule: Find out what God says is good to eat; that is the first thing. Find out all that He says is good to eat. Now that is not saying that what one thinks is good for him, because it tastes good, is to be eaten. That is not it. Then find out in that list what is

good for *you* to eat. Then see that it is well cooked. Then thank the Lord for it, eat it with a glad heart. And THEN LET IT ALONE. Breathe right, and you will have no difficulty. Let each one do that, and then, you see, it is none of your business whether somebody else eats what you eat or not; he is eating what is good for him, just as you are eating what is good for you; it is an individual matter. And there is just as much importance in letting it alone after you have eaten it, as there is in any of the

other points. It will not digest right when you are worrying about it all the time, and keeping it from digesting. Let it alone. Having thanked the Lord for it, and asked his blessing upon it, *believe* that his blessing is upon it. Why do we ask the Lord to bless our food and bless it to its intended use, and then not believe that He does it? Where is the faith in that? That is not health by faith. Let us quit it.



Healthy and Delicious Recipes

Vegan Baked Beans

Ingredients:

- 1 Tbsp olive oil
- 1 medium white onion
- 2 cloves of garlic
- ½ Tbsp cumin
- ½ Tbsp smoked paprika
- 15 oz. tomato puree
- 3 Tbsp brown sugar
- 2 Tbsp molasses
- 2 tsp soy sauce (or see substitute below)
- 2-15 oz cans of white beans
- Salt to taste

Instructions:

Preheat oven to 350 degrees

1. In a saucepan heat oil and saute onion and chopped garlic until soft
2. Add in spices and cook for about 30 seconds more

3. Add in tomato puree, brown sugar, molasses and soy sauce (or substitute) bring to a low boil
4. Add salt
5. Simmer for about 10 minutes
6. Put mixture into a casserole dish and pop in the oven for 15 minutes.
7. Let stand 5 minutes before serving.
8. Garnish with green onions or parsley

*You can adjust sweetness by adjusting the amount of brown sugar

*If sauce is too thick, add a small amount of vegetable stock. If it is too thin, simmer beans with the lid off to reduce and thicken

Soy Sauce Substitute:

(This is a concentrated seasoning,

not a food by itself)

1. ½ medium onion, chopped and caramelized in an oiled skillet
2. ¾ cup water
3. 1 tsp carob powder
4. ¼ cup salt
5. ½ tsp celery seed
6. 2 Tbsp Sucanat or coconut sugar
7. 2 ¼ Tbsp lemon juice
8. 1 ¼ Tbsp Roma or Pero
9. 1 Tbsp onion powder
10. 2 Tbsp sunflower seeds, the inside, not the shell

Blend until smooth. Keep in container in freezer. Due to the salt content, it will not freeze solid and may be scooped out as needed.



Natural Vitamins

The Benefits of Eating Tomatoes

1. They are a source of vitamin C, Potassium, K1, B9, and beta-carotene, which are antioxidants that help support your immune system.
2. The beta-carotene and lycopene, which is another antioxidant in tomatoes, might have anticancer properties.
3. May reduce heart disease because of the high intake of lycopene
4. May increase male fertility by increasing blood lycopene levels and the movement of sperm.
5. May prevent constipation because of the high fiber in both soluble (liquid) and insoluble (solid) forms.
6. May reduce type 2 diabetes because of the lycopene levels.
7. May protect against metabolic syndrome, including strokes, as they fight against abdominal obesity, high blood pressure, high blood sugar, high triglycerides, and low HDL ("good") cholesterol.
8. Support brain health because of the lycopene.
9. Aid in exercise recovery.
10. May protect against sunburn being rich in lycopene.
11. Have substances called lutein and zeaxanthin that may help protect your eyes from the blue light made by digital devices like smartphones and computers.
12. They also may help keep your eyes from feeling tired and ease headaches from eyestrain.
13. And some research shows they may even make you less likely to have a more serious form of the leading cause of blindness in the U.S.: age-related macular degeneration.
14. May help prevent emphysema.
15. Lycopene may help with the gum diseases gingivitis and periodontitis.



Be Ye Holy — 1 Peter 1:15

Matthew 5:17-19 states, "Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil. For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled. Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach [them], the same shall be called great in the kingdom of heaven." This is regarding the Ten Commandments. This is not

regarding the law of ceremonial processes as they ended when "the veil of the temple was rent in twain from the top to the bottom; and the earth did quake, and the rocks rent" (Matthew 27:51). Heaven and earth did not pass away that day either, so the Ten Commandments are still to be obeyed. To nullify the commandments because Jesus fulfilled them, as so many preachers teach, is a form of destruction, which Jesus said that He did not come to do. Therefore, if the commandments are not destroyed, not in one jot or tittle,

then they are still, once again, to be obeyed. So, are you obeying the Ten Commandments, or have you been convinced by some preacher that Jesus, indeed, destroyed them, despite what He said He would not do?

Mark 7:13 says, "Making the word of God of none effect through your tradition, which ye have delivered: and many such like things do ye." If Jesus was angry because people put tradition above the obedience to God's Word, that means Jesus expects us

to obey God's Word – The Bible! Obedience to God's Word is the expected holy and sanctified life, especially when Jesus said, "Sanctify them through thy truth: thy word is truth" (John 17:17). So, are you allowing God's Word to sanctify you, or have you been taught that nothing, including outright purposeful ignorance, can make an impact on your salvation, causing you to be indifferent towards serious Bible study and application?

Luke 3:12-14 says, "Then came also publicans to be baptized, and said unto him, Master, what shall we do? And he said unto them, Exact no more than that which is appointed you. And the soldiers likewise demanded of him, saying, And what shall we do? And he said unto them, Do violence to no man, neither accuse [any] falsely; and be content with your wages." Both John and Jesus taught the same message. Repentance results in a changed life. The ambitions, the desires, the motivations all change. Many today try to climb the corporate ladder. Why? When the salary is sufficient for the family and there is more time for God and family, why climb it? We should be satisfied with our wages and not seek the power or extravagance. Many who climb tend to become part of the elite, creating a distance between co-workers. This, too, is changed when the heart is changed. We are to "esteem other better than themselves" (Philippians 2:3) instead of putting people down. We are even to be missionaries to our neighborhoods. So, do you have the same ambitions and goals in life as you did prior to

being born-again, or are they different, and even godly?

John 3:7 uses the word "must", which is a requirement. "Marvel not that I said unto thee, Ye must be born again." Many think they know what it means to be born again, but what does the Bible say? "Whosoever is born of God doth not commit sin; for his seed remaineth in him: and he cannot sin, because he is born of God" (1 John 3:9). So, have you ceased sinning by the grace and power of God (2 Peter 1:3), or are you careless about sin, excusing it, all the while claiming to be born again, thinking it is impossible to stop sinning, forgetting that Jesus said, "With men this is impossible; but with God all things are possible" (Matthew 19:26) and "denying the power" (2 Timothy 3:5)?

Acts 6:7 says, "And the word of God increased; and the number of the disciples multiplied in Jerusalem greatly; and a great company of the priests were obedient to the faith." To "keep the faith" is to be "obedient to the faith". If a person has faith, they will exercise it. We are to have faith that God forgives us of our sins (1 John 1:9), that eternal life is given to us (1 Timothy 6:12), that we are able to "overcometh the world" (1 John 5:4), and even that Jesus is able "to keep you from falling" (Jude 1:24). So, how much faith do you have, and are you obeying it?

Romans 2:9-11 makes a contrast between two and only two groups

for there have always been two groups – those who sin and those who are kept by the power of Jesus from sinning, or the words, this time, of "evil" and "good". "Tribulation and anguish, upon every soul of man that doeth evil, of the Jew first, and also of the Gentile; But glory, honour, and peace, to every man that worketh good, to the Jew first, and also to the Gentile: For there is no respect of persons with God." The peace is not the earthly peace of having a life of bliss. "And the very God of peace sanctify you wholly; and [I pray God] your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ" (1 Thessalonians 5:23). Evil and good are but fruit of the relationship we have with God. If we are in a saving relationship with Him, through confessing and forsaking all sin so that all of our unrighteousness is removed, clearing the path to have a connection with Him (1 John 1:9), then we have peace, and the result will be doing good. If we have selfishness instead, then the fruit will be doing evil, or sin, which is not every minute, but definitely frequently through each day. So, are you being sanctified through this peace, or are you experiencing tribulations instead?

1 Corinthians 3:18-20 compare the godly wise to the worldly foolish where only the godly wise go to Heaven. All one has to do is read the Book of Proverbs to see that over and over. "Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise. For the wisdom of this world is foolishness with God.

For it is written, He taketh the wise in their own craftiness. And again, The Lord knoweth the thoughts of the wise, that they are vain." That means, the sanctified or holy person will not participate in the schemes of the world. For instance, the world says that it is wise to invest in a 401K, buy and sell stocks, invest in property, etc. God says that we ought to be content with our daily provisions and "lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal" (Matthew 6:20). So, are you wise in this world beyond investments, or are you wise unto God?

2 Corinthians 5:17 says, "Therefore if any man [be] in Christ, [he is] a new creature: old things are passed away; behold, all things are become new." To be a new creature and have new things, as in desires and how we spend our time, is the holy and sanctified life. Our old life of sinning will pass away and the new life of living as a Christian will be lived, even that written on the Ten Commandments (Romans 3:31). What the world provided for interest will pass away, like sports, entertainment, jesting (Ephesians 5:4), and new interests will form, like Bible study, witnessing, using our time more productively. So, have you become a new creature and have new things desired in the

life, or are you the same old person with just a new title – Christian?

Galatians 5:25 states, "If we live in the Spirit, let us also walk in the Spirit." If we do not walk in the Spirit, then we must be walking in the flesh, of which is condemned (Romans 8:1). Therefore, the expected holy and sanctified life is to walk after Spirit. So, are you?

Ephesians 4:11-12 reveals the purpose of going to church, which is to become holy and sanctified. "And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and

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teachers; For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ.” The word “perfect” is the key word of becoming holy and sanctified. So, are you developing a perfect character or are you still dabbling in your old life with the new title of “Christian”?

Philippians 3:16 says, “Nevertheless, whereto we have already attained, let us walk by the same rule, let us mind the same thing.” Culture, upbringing, environment, etc., all have no contribution to how we walk and how we think if “We have the mind of Christ” (1 Corinthians 2:16). All those things mentioned simply are things we need to overcome as influencers. Some of us have harder struggles than others, but eventually, we ought to walk by the same rule and think the same thing. We ought not to walk into adultery in any form, physically or mentally. We ought not to walk into murder in any form, physically or mentally. What is wrong for one person is wrong for all. Those who excuse lusting after images or letting anger fly do not make it right. Jesus cleared

that up really quickly (Matthew 5:21-22, Matthew 5:27-28). How we walk and think is the sanctified and holy living. So, do you watch your actions and thoughts?

Colossians 3:2 is holy and sanctified command and expectation. “Set your affection on things above, not on things on the earth.” Who cares who won the world series, super bowl, playoffs, etc. Who cares what leading character got killed off in a TV show, movie, etc. Who cares who is campaigning in politics? Who cares what the latest song is? Who cares; who cares; who cares? How much of the Bible do you understand? How many souls have you shared the gospel with? Are you doing your work faithfully? Do you “keep his commandments, and do those things that are pleasing in his sight” (1 John 3:22)?

1 Thessalonians 4:1 clearly sets the expectation of a born-again Christian. It is not all about just saying the words, “I believe” and now one is saved. “Furthermore then we beseech you, brethren, and exhort [you] by the Lord Jesus,

that as ye have received of us how ye ought to walk and to please God, [so] ye would abound more and more.” Paul is saying that according to Jesus Christ, we are expected to walk and do those things that please God, which is living the holy, sanctified life. To sin is to be unholy and displeasing to God. Living selfishly is not how Jesus walked. So, are you walking as Jesus walked (1 John 2:6) and doing those things that are approved of God avoiding all selfishness?

2 Thessalonians 2:16-17 clearly tells us what happens after we receive grace, which is to live the holy and sanctified life. “Now our Lord Jesus Christ himself, and God, even our Father, which hath loved us, and hath given [us] everlasting consolation and good hope through grace, comfort your hearts, and stablish you in every good word and work.” We are sent forth to do every good word and work, which means, we are not sent to do anything that tends to bad words or bad works, which is sin. We are not saved by good words and works, but if we do not produce those fruits, we shall be lost, for “by their fruits ye shall

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know them” (Matthew 7:20). Good words and works flow from a saved life. Lacking such flows from a life that is still selfish, unconverted. So, is everything that comes out of your mouth proper in God’s eyes, as well as every work? No, it does not have to be holy, but even in employment, there is proper and improper before God. Are you “a faithful and wise servant” (Matthew 24:45)?

characteristic of one seeking the office of bishop, which is basically an elder of the church. Those characteristics are not just to get into office. The reason they are provided is because they are to be an example, as was Paul, of how to conduct one’s life for salvation’s sake. Therefore, those characteristics is the expected holy and sanctified life that everyone in the church should live up to. So, are you?

and then were pronounced to be eternally saved? A fruit of that declaration is revealed in 2 Timothy 2:19, which says, “Let every one that nameth the name of Christ depart from iniquity.” So, have you departed from iniquity, which is sin, which “sin is the transgression of the law” (1 John 3:4), which means that the Ten Commandments are still to be obeyed?



1 Timothy 3:2-7 describes the

Have you said, “I believe on Jesus”

Study to Shew Thyself Approved Unto God—(2 Timothy 2:15)

Destroy This Temple

1. What did Jesus say about destroying that was misunderstood? **John 2:19**

2. What did the Jews point to in applying Jesus’ words? **John 2:20**

3. What did Jesus actually mean? **John 2:21**

4. What did Paul refer to as being the temple of the Holy Ghost (Spirit)? **1 Corinthians 6:19**

5. What will God do to people who do not take care of it? **1 Corinthians 3:17**

6. Why are we not allowed to do whatever we want to our temples? **End of 1 Corinthians 6:18**

7. What makes us not have ownership of our own temples? **Beginning of 1 Corinthians 6:20**

8. What are we expected to do in response to what God the Father has done through Jesus Christ? **Last half of 1 Corinthians 6:20**

9. What words did false witnesses add to what Jesus said that makes people think of the physical temple once again? **Matthew 26:60-61**

10. Still more false witnesses testified of the physical building but added what method of its reconstruction? **Mark 14:57-58**

August 2024

Did Jesus Say to Eat That?

1. What did Jesus say we were to eat? **John 6:54 “my flesh”**
2. What did Jesus switch to telling us to eat? **John 6:58 “this bread”**

3. What is connected with that object? **Matthew 4:4** “every word that proceedeth out of the mouth of God”
4. What was made flesh? **John 1:14** “the Word”
5. What did Jesus say we would have if we ate His flesh? **John 6:54** “eternal life”
6. What did Jesus say we would be able to do if we ate the bread? **John 6:58** “live for ever”
7. What will we get to do if we retain God’s Word? **Proverbs 4:4** “live”
8. Spiritually speaking, what did these people do with God’s Word? **Jeremiah 15:16** “eat them”, **Revelation 10:9-10** “eat it up”, “ate it up”
9. What do we show towards God if we live according to His Word? **John 14:23** “love me”
10. When we do **not** live according to God’s Word, what does that show God? **John 14:24** “loveth me not”



Questions & Answers

QUESTION: Can you explain Deuteronomy 14:26 in regards to strong drink?

ANSWER: “And thou shalt bestow that money for whatsoever thy soul lusteth after, for oxen, or for sheep, or for wine, or for strong drink, or for whatsoever thy soul desireth: and thou shalt eat there before the LORD thy God, and thou shalt rejoice, thou, and thine household.”

It certainly does look like permission to partake of strong drink given those scenes, but that is the only verse in the Bible that would give such an appearance. Elsewhere, it is well condemned to use strong drink, especially in Proverbs. For instance, “Wine [is] a mocker, strong drink [is] raging: and whosoever is deceived thereby is not wise” (Proverbs 20:1), and “Who hath woe? who hath sorrow? who hath contentions? who hath babbling? who hath wounds without cause? who hath redness of eyes? They that tarry long at the

wine; they that go to seek mixed wine” (Proverbs 23:29-30).

“God is not [the author] of confusion” (1 Corinthians 14:33), so He would not let it be up to us to see many verses condemn the use of alcohol and another permit it, giving us the choice which to follow. Although there is no good answer regarding the exception, this we do know, we go with the weight of evidence, and condemnation in use of alcohol wins out.

QUESTION: Did more than seeing happen between Ham and Noah?

ANSWER: Genesis 9:22 says, “And Ham, the father of Canaan, saw the nakedness of his father, and told his two brethren without.” Some take this as it reads literally despite the fact that the Bible couches sexual terms, for instance, we have the use of the word “know”. “Adam knew Eve his wife; and she conceived” (Genesis 4:1). “Then said Mary unto the angel, How shall

this be, seeing I know not a man?” (Luke 1:34).

We see the answer a couple of verses later. “And Noah awoke from his wine, and knew what his younger son had done unto him” (Genesis 9:24). Something physically was done to Noah by his son in the manner in which Noah wakes up and recognizes something as opposed to being informed by anyone, “Oh, Ham saw you naked. Just thought you should know.” That is not the case. Noah knew something physically happened.

Therefore, it is believed that a homosexual act was performed in some manner.

QUESTION: Is there anything wrong with “one last time” when a person discovers that a change is to happen in a person’s life, a new discovery of what is considered sin?

ANSWER: Many of the world have the inclination to enjoy some sinful practice one last time before giving

it up. This is as bad as the old traditional bachelor party which involved one last sexual fling right before the wedding night. What should the bride think about such an act regarding the strength and commitment of the relationship? If a guy needs one last fling, that insults the bride. She should be the one and only.

The same is true regarding sin at any stage of our life. If we are truly espoused to Christ, we would not want to have one last fling with sin before making the commitment. It is not like we can look back years later on the fondness of the event. That in itself would be sinful. We are to be repulsed by the thought of sin. In other words, if we regarded sin in the truest light, we would never ask for one last experience of it. We would immediately be running away from it.

So, to have one last lobster dinner, one more trip to Las Vegas, one more experience of sin, is indeed wrong. Further, it undermines the commitment of moving forward, especially if that last experience was exceptional. There will be a constant reminder to the soul of how "good" that one last experience was. Feeding the

"flesh" the day before the commitment weakens the walk in the Spirit afterwards. Satan will constantly be bringing up the questions: "Are you sure you want to stop doing that?", "Didn't you enjoy that?", "Why don't you have one more, one last time?", etc.

Therefore, hurt not Jesus with the desire for one last experience, undermine not the walk in the Spirit, and overall, if one recognizes that it is sinful, just stop; otherwise such a person does not really recognize how sinful it really is.

Besides, it shows that one would rather continue doing the sinful act if allowed, but is only giving it up because it is the rule. That is definitely not the experience David had: "O how love I thy law! it [is] my meditation all the day" (Psalms 119:97). This would be the same attitude if a person were to allow to know when their name will come up in the judgment or death occurs. Our fleshly tendency then would be to continue to sin right up to that moment and then make the commitment. No wonder none of us is told the day or the hour when Jesus will return. If we think society is bad enough with the sinful practices, how

many churches would empty out of practicing Christians, knowing that information?

May our attitude be, "the times of this ignorance God winked at; but now commandeth all men every where to repent" (Acts 17:30) and repent immediately because we love Him, as opposed to just following the rules. This is the difference between obedience from legalism, and obedience that is not legalism, but based upon love for God.

QUESTION: How shall we survive in the mountains?

ANSWER: The same way the Israelites survived the desert, Elijah survived the drought, the four and five thousand men (without counting women and children) survived that afternoon with Jesus: God will make provision. We will not be killing wildlife, like deer, to feed ourselves. That much is for certain.

QUESTION: What are deep fakes as compared to malicious impersonations?

ANSWER: Deep fakes are usually associated with taking existing video or pictures and replacing the character in the video or image with someone else's image. Malicious impersonation is when the external features of a person are made to appear as someone that they are not and trying to pass off as being that person.

Today, it is a very serious matter. Anyone can take a pornographic movie or image, replace the

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characters with a religious, political, or other important person's face, and pass it off as being real. They can do the same with news clips as well, but porn and compromising situations seem to be the most popular uses. Nonetheless, it creates a very compromising, undermining situation. People are made to appear as even saying something completely opposite from what their personal stance happens to be. In other words, video and images do lie, and lie seriously, because they are so easily manipulated. It can cost politicians their positions, cause divorces

among couples, and remove ministers from pulpits, even by the mere embarrassment of it all.

Malicious impersonations are no less dangerous and, in fact, it is said that people have been paid to pull off political speeches when the politician was not available to do so themselves. Now, you may wonder if that is really true? Do governments do that? God only knows.

All we know is that we have definitely entered into the time in which "we walk by faith, not by sight" (2 Corinthians 5:7) is being tested as never before. All of it will

be used in the most satanic efforts imaginable. What will a person say when brought to court for our faith and being provided with images and video in a most compromising position? If it is possible, Satan will make sure that is carried out.

But I am so glad that we are told to "Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day [is] the evil thereof" (Matthew 6:34).



News and Comments

June 26

The Washington Post

Is an Instagram 'like' micro-cheating? Gen Z embraces digital sleuthing.

In the realm of downgrading sin, when Jesus said, "But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart" (Matthew 5:28), He did not make any exclusions. Therefore, in this digital age where imagery and conversations can take place without even meeting the person, making it easier to lust after images of the flesh and having a conversation that is not appropriate physically with another does not become an exception. "But every man is tempted, when he is drawn away of his own lust, and enticed. Then

when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death" (James 1:14-15). Sin starts in the mind. If it is triggered because of lusting after someone or an image, it does not matter. Using the excuse that you cannot talk the way you do with your spouse or someone you are courting, but you can easily on the internet, that is still cheating. Putting the word "micro" in front of the word cheating is still cheating. In God's eyes, both a physical cheater and a microcheater will end up in the same place unless repented of their sin.

July 11

USA Today

This coast-to-coast heat wave

isn't normal. When will it cool down?

And this is not naturally abnormal either. As the article concludes, it ends with the worship of climate change god. Pockets of abnormal heat is one thing, but to bake the entire country points more to a biblical impact that "causeth the earth and them which dwell therein to worship the first beast, whose deadly wound was healed" (Revelation 13:12).

July 27

NBC News

Drag performance resembling Last Supper at Olympic opening ceremony rankles conservatives

Galatians 6:7 says, "Be not deceived; God is not mocked: for whatsoever a man soweth, that

shall he also reap."

July 27

Marca

Olympic Games city of Paris experiences a massive blackout a day after the inauguration

Is this God's response to the opening ceremonies? Galatians 6:8 says, "For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting."

July 29

CBS News

Paris Olympics organizers say sorry for offense, but insist opening ceremony did not depict

To double down on the depiction saying it was not the last supper, and using the word "if", is not an apology. It is that they got caught and do not want to lose the viewer base, and so they are putting out something most blind people will not see. It looks like an apology and once again the Christian is to turn the other cheek and not see that there is no real apology. Judas got caught and was sorry but did not have true repentance as he then went and hung himself (Matthew 27:3-5). And there are many other examples of sorrow, but not godly sorrow. "For godly sorrow worketh repentance to salvation not to be repented of: but the sorrow of the world worketh death" (2 Corinthians 7:10).



Laboring

Matthew 11:28 Come unto me, all [ye] that labour and are heavy laden, and I will give you rest.

Luke 10:2 Therefore said he unto them, The harvest truly [is] great, but the labourers [are] few: pray ye therefore the Lord of the harvest, that he would send forth labourers into his harvest.

John 6:27 Labour not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of man shall give unto you: for him hath God the Father sealed.

1 Corinthians 3:8-9 Now he that planteth and he that watereth are one: and every man shall receive his own reward according to his own labour. For we are labourers together with God: ye are God's husbandry, [ye are] God's building.

1 Corinthians 15:58 Therefore, my beloved brethren, be ye stedfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.

Ephesians 4:28 Let him that stole steal no more: but rather let him labour, working with [his] hands the thing which is good, that he may have to give to him that needeth.

Philippians 2:16 Holding forth the word of life; that I may rejoice in the day of Christ, that I have not run in vain, neither laboured in vain.

Colossians 4:12 Epaphras, who is [one] of you, a servant of Christ, saluteth you, always labouring fervently for you in prayers, that ye may stand perfect and complete in all the will of God.

1 Timothy 5:17 Let the elders that rule well be counted worthy of double honour, especially they who labour in the word and doctrine.

Hebrews 4:11 Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief.

Hebrews 6:10 For God [is] not unrighteous to forget your work and labour of love, which ye have shewed toward his name, in that ye have ministered to the saints, and do minister.

Revelation 14:13 And I heard a voice from heaven saying unto me, Write, Blessed [are] the dead which die in the Lord from henceforth: Yea, saith the Spirit, that they may rest from their labours; and their works do follow them.



Natural Remedies

Aloe Vera for H. Pylori

Aloe vera has soothing and anti-inflammatory properties that can help alleviate gastrointestinal

discomfort associated with H. pylori infection. Sipping aloe vera juice has also provided relief from

symptoms such as acid reflux and gastritis for many.

